

Ramadan Blossom PLANNER

-1442-



#RamadanBlossom2021









Salam Alaykum,

On behalf of FEMYSO, I would like to wish a blessed and productive Ramadan to you and your loved ones. We are entering another Ramadan where health measurements and restrictions are still in place due to the coronavirus global pandemic, hence we need to take extra care with those around us for their safety especially the vulnerable ones.

As young people we need to invest in planning our Ramadan and set clear targets which we want to achieve throughout this blessed month. I would encourage you to invest in developing your relationship with Allah (swt), grow your good habits, learn new things, and contribute your Sadaqah and Zakat towards worthy causes.

Our^{*}volunteers at FEMYSO have worked extremely hard to produce this Ramadan planner which I hope can be of great assistance to you having a more productive Ramadan.

In addition to this planner, we at FEMYSO have put a plan together to be amongst your best companions and connect young people across Europe during the month of Ramadan. Thanks to the digital world, we can be connected more than ever in real time and have that great Muslim community feeling.

May Allah (swt) accept your fasting, prayers and acts of good during this blessed month. May Allah (swt) envelop us in His mercy and forgiveness, beautify our hearts with iman and make the Qur'an a light in our hearts and a cure for all distress. May Allah (swt) shower you and your families with His (swt)'s abundant Mercy and Blessings. May Allah (swt) grant peace and stability to all people who are in need and grant them patience. Ameen.

Jazakum Allah khair,

Abdelrahman Rizk

President

Ramadan

Date	Day	Activity
13.April	Tuesday	RAMADAN BEGINNING
1 <mark>4.April</mark>	Wednesday	
15.April	Thursday	
1 <mark>6.April</mark>	Friday	
17.April	Saturday	
18.April	Sunday	
19.April	Monday	
20.April	Tuesday	
21.April	Wednesday	
22.April	Thursday	
23.April	Friday	SECOND 10 DAYS
24.April	Saturday	
25.April	Sunday	
26.April	Monday	
27.April	Tuesday	
28.April	Wednesday	HALFTIME
29.April	Thursday	
30.April	Friday	
01.May	Saturday	
02.May	Sunday	
03.May	Monday	LAST 10 DAYS
04.May	Tuesday	
05.May	Wednesday	
06.May	Thursday	
07.May.	Friday	
08.May	Saturday	
09.May	Sunday	
1 <mark>0.May</mark>	Monday	
11.May	Tuesday	
1 <mark>2.May</mark>	Wednesday	
13.May	Thursday	EID/BAYRAM







-all about Ramadan



"When Ramadan enters, the gates of Paradise are opened, the gates of Hellfire are closed and the devils are chained." (Al-Bukhari and Muslim)



"Whoever observes fasts during the month of Ramadan out of sincere faith, and hoping to attain Allah's rewards, then all his past sins will be forgiven." (Al-Bukhari and Muslim)



"(The performance of) Umrah during Ramadan is equal (in reward) to performing Hajj with me." (Authenticated by Al-Albani)



"O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous-" [2:183]



"The month of Ramadhan [is that] in which was revealed the Qur'an, a guidance for the people and clear proofs of guidance and criterion. So whoever sights [the new moon of] the month, let him fast it; and whoever is ill or on a journey – then an equal number of other days. Allah intends for you ease and does not intend for you hardship [....]" [2:185]





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April 13 TUESDAY

To-Do List

Daily Habit Tracker

- 💛 Quran pages read: 📖
- 놀 Prayers: ____
- Morning/evening adhkar: Yes/No
- 🐤 5 mins taffakur (reflection): Yes/Nó
- Dua for yourself/ your loved ones/ the ummah: Yes/No
- 🔽 Glasses of water: 🔜
- 鳧 Digital Screen time: 🛛 ____
- Daily Donation: Yes/No

Challenge of the day

1. Write 10 things you are thankful for, in your notebook.

April 14 WEDNESDAY

To-Do List

Daily Habit Tracker

💛 Quran pages read: _____

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🔜

👇 Digital Screen time: 🛛 ____

Daily Donation: Yes/No

Challenge of the day

2. Learn/

memorize a new dua (e.g. from Hisnul Muslim)

15

To-Do List

Daily Habit Tracker

💛 Quran pages read: 🔒

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

">Dua for yourself/ your loved ones/ the ummah: Yes/No

Glasses of water:

鳧 Digital Screen time: 🛯 _

Daily Donation: Yes/No

Challenge of the day

3. Learn/ memorize a new surah or Quranic verses.

pril 16

To-Do List

Daily Habit Tracker

💛 Quran pages read:

놀 Prayers: ____

Morning/evening adhkar: Yes/No

5 mins taffakur (reflection): Yes/No

🧤 🖐 Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water:

鳧 Digital Screen time:

Daily Donation: Yes/No Surah El-Kehf: Yes/No

Challenge of the day

4. Read about the life of our beloved prophet Muhammed (peace be upon him).

April 17 SATURDAY

To-Do List

Daily Habit Tracker

💛 Quran pages read: _____

놀 Prayers: _____

👂 Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 💷

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

5. Visit the grave and make taffakur (Reflection).

April 18 sunday

To-Do List

Daily Habit Tracker

💛 Quran pages read: 💷____

놀 Prayers: ____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 💷

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

6. Help any strangers you see (e.g. grandmas carrying their groceries back home).



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April 19 Monday

To-Do List

Daily Habit Tracker

💛 Quran pages read: 💶____

- 놀 Prayers: ____
- Morning/evening adhkar: Yes/No
- 🐤 5 mins taffakur (reflection): Yes/No
- Dua for yourself/ your loved ones/ the ummah: Yes/No
- 🔽 Glasses of water: _____
- ightarrow Digital Screen time: _____
- Daily Donation: Yes/No

Challenge of the day

7. Take care of animals by giving them water or food.

April 20 TUESDAY

To-Do List

Daily Habit Tracker

💛 Quran pages read: 🔜

놀 Prayers: ____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🔜

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

8. Help our environment by cleaning/ picking up trash from the streets.

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Morning/evening adhkar: Yes/No 5 mins taffakur (reflection): Yes/No

₩₩ Dua for yourself/ your loved ones/ the ummah: Yes/No

Daily Habit Tracker

💛 Quran pages read:

놀 Prayers: _____

🔽 Glasses of water: _____

鳧 Digital Screen time: 🛛 ____

Daily Donation: Yes/No

Challenge of the day

9. Water your indoor plants, trees and flowers that our outside.

April 22 THURDAY

To-Do List

Daily Habit Tracker

💛 Quran pages read: 💷____

놀 Prayers: ____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 💷

🗢 Digital Screen time: 🛛 ____

Daily Donation: Yes/No

Challenge of the day

10. Start to meditate at least 5 minutes a day and listen to your body and soul.

April 23 FRIDAY

To-Do List

18

Daily Habit Tracker

💛 Quran pages read: 💷____

놀 Prayers: ____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🛛 _____

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No Surah El-Kehf: Yes/No

Challenge of the day

11. Organize an iflar for your friends .



Daily Habit Tracker

💛 Quran pages read:

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

"> Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water:

鳧 Digital Screen time: 🚊

Daily Donation: Yes/No

Challenge of the day

12. Give strangers random compliments and conjure up a smile on their faces.



Daily Habit Tracker

💛 Quran pages read: 🛛____

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🛛 _____

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

13. Donate.



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Daily Habit Tracker

💛 Quran pages read: _____

- 놀 Prayers: _____
- Morning/evening adhkar: Yes/No
- 🐤 5 mins taffakur (reflection): Yes/No
- Dua for yourself/ your loved ones/ the ummah: Yes/No
- 🔽 Glasses of water: 🛛 _____
- 鳧 Digital Screen time: 🛛 _____
- Daily Donation: Yes/No

Challenge of the day

14. Encourage your friends to donate as well.



Daily Habit Tracker

💛 Quran pages read: _____

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: _____

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

15. Smile and put a smile also on your family's face.



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Daily Habit Tracker

💛 Quran pages read: 💷____

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🛛 _____

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

16. Buy a flower for your mother.



Daily Habit Tracker

💛 Quran pages read: _____

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🛛 _____

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

17. Pray tarawih.

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April. 30 FRIDAY

To-Do List

Daily Habit Tracker

💛 Quran pages read: 🛛____

- 놀 Prayers: ____
- 🤉 Morning/evening adhkar: Yes/No
- 户 5 mins taffakur (reflection): Yes/No
- Dua for yourself/ your loved ones/ the ummah: Yes/No
- 🔽 Glasses of water: _____
- 鳧 Digital Screen time: 🛛 _____
- Daily Donation: Yes/No Surah El-Kehf: Yes/No

Challenge of the day

18. Hold on a minute and think about people that surrounds you and ask yourself, weather they remind you of Allah or not. And surround yourself with those who do.

Daily Habit Tracker

💛 Quran pages read: _____

놀 Prayers: ____

Morning/evening adhkar: Yes/No

흤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🛛 _____

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

19. Make a list with things you are sorry for and in case you feel sorry for hurting someone, ask that person to accept your apologies and ask Allah for forgiveness and mercy.

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27

Daily Habit Tracker

💛 Quran pages read: _____

놀 Prayers: _____

Morning/evening adhkar: Yes/No

🐤 5 mins taffakur (reflection): Yes/No

Dua for yourself/ your loved ones/ the ummah: Yes/No

🔽 Glasses of water: 🛛 _____

鳧 Digital Screen time: 🛛 _____

Daily Donation: Yes/No

Challenge of the day

20. Organize an iftar for your loved ones.



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This night is translated as "night of destiny" and is the most valuable night within Ramadan. The exact time is unknown, but it is said to have occurred in the last 10 days of Ramadan, on the odd nights of Ramadan (21st, 23rd 25th 27th, 29th night).

Every night in Ramadan is important, but especially during the last 10 days one should intensely seek to make dua, pray and do good deeds.



PRIORITIES

CHALLENGE OF THE DAY

21. Be humble and avoid pride [17:37]. For this characteristic you can start to do deeds that are private.

This will help you to fight against your nafs (soul). Do a deed only Allah will see.



PRIORITIES

CHALLENGE OF THE DAY

22. Be good to your neighbours [4:36]. Ask your neighbours how they are doing and prepare some small gifts for them like chocolate or flowers.



PRIORITIES

CHALLENGE OF THE DAY

23. Overlook the faults of other [42:40]. Try to make this attitude become your characteristic.





PRIORITIES

CHALLENGE OF THE DAY

24. Set yourself life goals you want to achieve from now on.



PRIORITIES

CHALLENGE OF THE DAY

25. Before going to sleep reflect on your day.


PRIORITIES

CHALLENGE OF THE DAY

26. Don't be wasteful or extravagant [17:26]. Try to change your consuming habits in case they are wasteful or extravagant. For this you can start to eat consciously by not filling your tables too much. Take only as much as you can eat.





PRIORITIES

CHALLENGE OF THE DAY

27. Teach a loved one a surah/dua.





PRIORITIES

CHALLENGE OF THE DAY

28. Send a nice and uplifting message (to friends/family or even people you haven't seen for a while).



PRIORITIES

CHALLENGE OF THE DAY

29. Say l love you to someone.



PRIORITIES

CHALLENGE OF THE DAY

30. Help your loved ones in Eid preparations.





13.05.2021

Ramadan is over, but there is no need to be sad, as Allah has blessed you to complete this holy month.

We as FEMYSO wish you and your loved ones a wonderful, blessed and beautiful Eid al- Fitr!

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		/fr	ood, presents, des	sserts,etc)
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For reaching Ramadan this year

These boxes will help you reflect over your life and blessings in deeper sense. It might also help you in your duas. Share your list with the #RamadanBlossom2021 and encourage more people to become thankful.



































Crossword puzzle

U	R	Α	Μ	Α	D	Α	Ν	Ρ	S	X	F	D	J	0	Y
I	F	т	Α	R	G	L	E	F	Α	Μ	I	L	Y	Α	В
D	С	С	Z	E	Р	Н	I	L	Α	L	Ν	D	Μ	К	С
В	G	R	н	Ρ	С	D	Α	F	F	0	D	I	В	В	н
Α	С	W	E	Ε	E	E	Z	Р	U	G	B	Η	Α	Ε	I
S	Z	E	Α	N	С	С	I	I	W	V	S	F	K	0	Т
К	D	К	G	Т	F	0	Υ	В	D	Q	U	0	L	D	Α
S	Q	U	R	A	E	R	L	Р	Α	0	Ν	X	Α	0	R
т	Α	N	В	N	I	R	E	Α	S	D	Ν	D	V	F	Α
R	w	н	Α	С	Y	т	D	К	т	F	Α	F	Α	н	W
С	Р	R	0	E	т	I	Α	G	E	Е	н	н	Z	Α	Ι
E	U	Α	0	U	I	X	т	R	Α	D	I	т	Ι	0	н
٩	J	Р	Α	U	R	E	E	Ρ	Α	D	Н	Α	N	Α	Ε
E	I	D	I	Ρ	S	G	S	Ι	F	Α	S	т	I	N	G

Diagonal: Sahour, Water, Ibadan, Quran Vertikal: Dates, Tarawih, Sunnah, Repentance, Kunata, Baklava Horizontal: Ramadan, Hilal, Adhan, Ittar, Eid, Fasting, Family, Joy

Can you find the 18 hidden words?



"And below these two 'Gardens' will be two others. Then which of your Lord's favors will you (both) deny? Both will be dark green. Then which of your Lord's favors will you (both) deny? In each will be two gushing springs. Then which of your Lord's favors will you (both) deny? In both will be fruit, palm trees, and pomegranates."

[55:63-68]

"Talbenaah soothes the heart of a sick person, and it takes away some of the grief."

[Muslim;2216 and Bukhari; 5101]





"There emerges from their bellies a drink, varying in colors, in which there is healing for people. Indeed in that is a sign for a people who give thougt [...]".

[16:69]



"By the fig and the olives And [by] Mount Sinai And [by] this secure city, We have certainly created man in the best of stature;..."

[95:1-4]



Jabir b. Abdullah reports that the Prophet ,peace be upon him,. said: 'Verily, vinegar is an excellent condiment.'.".

[Muslim; 5321]



"If a person eats seven ajwa dates every morning, poison and magic will not affect him."

[Bukhari; 5445, 5768, 5769,5779 and Muslim; 5307]

"O you who have believed, eat from the good things which We have provided for you and be grateful to Allah if it is [indeed] Him that you worship [...]".

[2:172]



Luiz



1) What is the charity that must be given during Ramadan?

- a) Kaffara
- b) Zakat
- <mark>c)</mark> Fidya
- d) Aqiqa

2) What is it called when a Muslim stays at the Masjid for 3 or more nights?

- <mark>a)</mark> Itikaf
- b) Istikhara
- c) Isolation
- d) Meditation

3) What is the reward of a Muslim that sincerely fasts during Ramadan?

- a) A carefree life
- b) Enternaly success
- c) All her/his sins are forgiven
- d) A healthy body

4) How many nights is Laylatu'l-Qadr better than?

- a) 1000 months= 30.000 nights
- b) 100 months= 3000 nights
- c) 10 months= 300 nights.
- d) 500 months= 15.000 nights





- 5) How long did it take, to reveal the whole Quran?
- a) ca. 25 years
- b) ca. 21 years
- c) ca. 24 years
- d) ca. 23 years
- 6) Which month is Ramadan in the Islamic Calendar?
- a) the 8th month
 b) the 4th month
 c) the 6th month
 d) the 9th month

7) What is the name of the door in Paradise?

a) Bab al Zakah b) Bab al Rayyan c) Bab al Salah d) Bab al Hajj



Answers: 1)b, 2)a, 3)c, 4)a, 5)d, 6)d, 7)b







- the balm for the heart

Dhikr has an unbelievable power that swipes the dust of this world away from our hearts and tongues and connects us to Allah. Thats also why Allah Impromises (among other things) for those who do dhikr:

"...and the men who remember Allah often and the women who do so- for them Allah has prepared forgiveness and great reward." [33:35]

Don't forget to remember Allah after each prayer by saying the following:

33x SubhanAllah- 33xAlhamdulillah- 33xAllahu Akbar 1x La ilaha illa Allah, wahdahu la sharika lah lahul mulk, wa lahul hamdu wa huwa 'ala kulli shai-in qadir.

It is narrated that "whoever says this [Dua] after every prayer will be forgiven for all his sins, even if they are like the foam of the sea." [Bukhari& Muslim]

This Dua has a special meaning and should be spoken in Ramadan often and especially during the last 10 Days: أَلَلّهُمَّ إِنَّكَ عَفُوٌّ كَرِيْمٌ تُحِبُّ العَفْوَ فَاعْفُ عَنّيْ -Oh Allah, you are the Most Forgiving and love the forgiveness, so forgive me-

"Allahumme innaka 'afuwwun tuhibbul, 'afwa, fa'fu 'anni"

Our beloved Ramadan has left us again...

But there is no need no be sad and let us try to hold onto all the positive behavior changes we made during Ramadan and improve ourselves until the next Ramadan.

So stay strong and keep looking for other iman boosters! Remember how much effort you put in to get rid of bad habits and in gaining better ones. I hope on this way you can motivate yourself in becoming better and better each day. In this light; Be good to yourself and your iman.



May Allah answer all our prayers and reward our good deeds and with paradise. May Allah let us become a strong ummah. Allahumma amin



Thank you for using our planner! We hope that it helped you to engage with Ramadan effectively so you could get more focused, structured and productive.

Fi Amaan Allah.



"Those who spend their wealth [in Allah's way] by night and day, secretly and publicly- they will have their reward with their Lord. And no fear will there be concerning them, nor will they grieve."

[2: 274]

Let us use this holy month of Ramadan, where the amounts of good deeds gets multiply rewarded, to donate and take care of each other.

And don't forget that the most beloved deeds to Allah are those which are done continuously, even if they are small.

[Al-Bukhari]



Donate to FEMYSO as we enter our 25th year in service of our communities.

So we can continue our work protecting Muslim rights and further enhancing the lives of thousands of young Muslims across Europe through our support of grassroot organisations and initiatives.

You have the opportunity to donate and give your zakat to FEMYSO.

For this you can visit our website on:

www.femyso.org/zakat www.femyso.org/donate



WHO WE ARE

FEMYSO is a pan-European network of 32 Member Organisations across 20 European countries, and is the voice of Muslim Youth in Europe and is regularly consulted on issues pertaining to Muslim Youth.

OUR VISION

FEMYSO's vision is to be the leading voice for European Muslim youth, developing and empowering them, and working to build a diverse, cohesive and vibrant Europe.

OUR MISSION

Our mission is to be an exemplary European institution, bringing together Muslim youth to network and exchange ideas, developing them to achieve their full potential and working closely with its Member Organisations as well as other partners to build a better Europe for all.

